

Introduction:

This lesson will challenge you to think more deeply about your comfort with adapting in various scenarios. You will first brainstorm several situations where you may feel more or less confident in your ability to adapt. Then, you will place those scenarios on a Jamboard shared with several group members and discuss your stances on adapting.

Activity Instructions:

1. You will be divided into groups of 3-5 in breakout rooms.
2. Once in your breakout rooms, navigate to the [Adaptation Scenarios Jamboard](#) and find your group's frame (It will be the same number as your breakout room.).
3. You will see that there are four categories related to adaptation placed on the Jamboard: "I eagerly and effortlessly adapt"; "I want to adapt but struggle to do so"; "I have mixed feelings about adapting"; and "Nope, not going to adapt." First, you should individually think of intercultural situations that might necessitate adaptation and think about how you would respond based on the four categories.
4. Then, you should use the sticky note function (the fourth icon down in the left-hand toolbar) to place your situation under how you would likely respond. Ideally, each group member will come up with two to three situations.
5. After all group members have finished placing their sticky notes, discuss the rationale behind your choices:
 - Are these scenarios ones you have actually experienced or hypothetical ones?
 - Why did you choose these particular scenarios?
 - Why did you take these stances for the scenarios you identified?
 - How do you feel about where you have placed these scenarios (proud, ashamed, frustrated, etc.)?
6. When all participants are back in the main room, the facilitator will share each Jamboard with the entire group (by sharing their screen). One or two people from each group should be prepared to share one of their situations/stances and why they chose them.
7. To wrap up, the entire group will discuss the following questions:
 - How difficult was it to identify your adaptation scenarios and stances?
 - How might your decision to adapt or not to adapt be affected by your values?
 - Why is it so important to consider when you would or wouldn't adapt?